



## Live Class Schedule Replays {Sorted}

### West Coast Swing (Beginner & more)

- West Coast Swing Basics – [WATCH HERE](#)
- West Coast Swing Dance Basics – [WATCH HERE](#)
- WCS Variations of Basic Patterns – [WATCH HERE](#)
- 5 Starter Step Variations for West Coast Swing – [WATCH HERE](#)
- 7 Patterns All Leaders and Followers Should know – [WATCH HERE](#)
- 5 Ways to Practice Alone – [WATCH HERE](#)
- How to be a Good Leader & Follower in WCS – [WATCH HERE](#)
- Adding Variations to your Basics – [WATCH HERE](#)
- 5 Things You're Doing Wrong! – [WATCH HERE](#)
- Practice Line dance (for Leaders & Followers) – [WATCH HERE](#)
- West Coast Swing Line Dance – [WATCH HERE](#)
- Line dance Lesson – [WATCH HERE](#)
- WCS Practice Linedance – [WATCH HERE](#)
- WCS Practice Linedance – [WATCH HERE](#)
- How to Move from Beginner to Intermediate – [WATCH HERE](#)

### West Coast Swing (Intermediate)

- WCS Choreography (Learn 32 counts) – [WATCH HERE](#)
- Intermediate WCS Lesson – [WATCH HERE](#)
- Roll In Roll Out to Reverse Whip – [WATCH HERE](#)
- How to Lead and Follow WCS Ducks – [WATCH HERE](#)
- Intermediate WCS Moves – [WATCH HERE](#)
- 5 Ways to Practice By Yourself – [WATCH HERE](#)
- Ultimate Guide to WCS Rock n Go's – [WATCH HERE](#)
- Intermediate WCS – [WATCH HERE](#)
- Intermediate WCS – [WATCH HERE](#)
- Intermediate WCS Patterns – [WATCH HERE](#)
- 32 Counts of Choreography (Intermediate) – [WATCH HERE](#)
- Intermediate West Coast Swing Patterns – [WATCH HERE](#)
- 10 Whips You need to know for West Coast Swing – [WATCH HERE](#)
- Intermediate West Coast Swing – [WATCH HERE](#)
- Intermediate West Coast Swing – [WATCH HERE](#)

Intermediate West Coast Swing – [WATCH HERE](#)

## **West Coast Swing (Advanced)**

Advanced WCS Moves – [WATCH HERE](#)

WCS Dips & Tricks – [WATCH HERE](#)

Advanced West Coast Swing – [WATCH HERE](#)

## **West Coast Swing (Styling)**

Anchor Styling & Footwork WCS – [WATCH HERE](#)

How to Apply Anchor Styling to WCS Patterns – [WATCH HERE](#)

Sugar Push Styling – [WATCH HERE](#)

How to Find your Own Style in WCS – [WATCH HERE](#)

Arm Styling - What do I do with my arms? – [WATCH HERE](#)

How to Practice Adding Style – [WATCH HERE](#)

Styling for WC Swing (Body Isolations & Movement) – [WATCH HERE](#)

Body Rolls for Leaders and Followers – [WATCH HERE](#)

Overcoming the Fear of Not Being Enough in WCS – [WATCH HERE](#)

East Coast Swing vs. West Coast Swing – [WATCH HERE](#)

3 Moves you can do in 3 Dance Styles (WCS, ECS & Two Step) – [WATCH HERE](#)

## **West Coast Swing (Spins)**

Spins & Turns for WC Swing – [WATCH HERE](#)

Spins & Turn Technique – [WATCH HERE](#) (start at 7:45 of the video)

3 Keys to One Footed Spins \ West Coast Swing – [WATCH HERE](#)

## **West Coast Swing (Musicality)**

Where most people get stuck with WCS musicality SOLVED!- [WATCH HERE](#)

WCS Musicality w/Brian B – [WATCH HERE](#)

West Coast Swing Musicality – [WATCH HERE](#) (this one isn't the best quality 😞)

## **East Coast Swing**

East Coast Swing Basics – [WATCH HERE](#)

Intermediate East Coast Swing Dance Moves – [WATCH HERE](#)

East Coast Swing vs. West Coast Swing – [WATCH HERE](#)

3 Moves you can do in 3 Dance Styles (WCS, ECS & Two Step) – [WATCH HERE](#)

Beginner East Coast Swing Moves – [WATCH HERE](#)

Intermediate East Coast Swing Moves – [WATCH HERE](#)

Basics of East Coast Swing – [WATCH HERE](#)

Intermediate East Coast Swing – [WATCH HERE](#)

## **NightClub 2 Step (Beginner)**

Beginner Nightclub Two-Step Moves – [WATCH HERE](#)

Nightclub Two Step Basics – [WATCH HERE](#)

Nightclub 2 Step Beyond the Basics – [WATCH HERE](#)

## **NightClub 2 Step (Intermediate)**

Intermediate Nightclub Dance Moves – [WATCH HERE](#)

Intermediate Nightclub Dance Lesson – [WATCH HERE](#)

Intermediate Nightclub Two-Step Dance Lesson – [WATCH HERE](#)

Intermediate Nightclub Two Step Moves – [WATCH HERE](#)

## **Ballroom Waltz**

Waltz Basics - Twinkle Variations – [WATCH HERE](#)

Waltz for Beginners – [WATCH HERE](#)

## **Hustle**

Beginner to Intermediate Hustle Lesson – [WATCH HERE](#)

Beginner Hustle Moves – [WATCH HERE](#)

Basic Hustle Moves – [WATCH HERE](#)

## **Bachata**

Intermediate Bachata Steps – [WATCH HERE](#)

Beginner Bachata Moves – [WATCH HERE](#)

How to Dance Basic Bachata – [WATCH HERE](#)

## **Cha-Cha**

Beg/Int Cha Cha Pattern Variations – [WATCH HERE](#)

Basic Cha Cha – [WATCH HERE](#)

Intermediate Cha Cha Moves – [WATCH HERE](#)

Intermediate Cha Cha – [WATCH HERE](#)

Beginner Cha Cha – [WATCH HERE](#)

## **Rumba**

Beginner Rumba Moves – [WATCH HERE](#)

## **Country 2 Step**

What is Country Two Step? Basic History of Two Step – [WATCH HERE](#)

Two Step Patterns with Leaders Turns! – [WATCH HERE](#)  
3 Weaves you Need to Know! – [WATCH HERE](#)  
How to Master Multiple Two Step Spins – [WATCH HERE](#)  
3 Moves you can do in 3 Dance Styles (WCS, ECS & Two Step) – [WATCH HERE](#)  
Intermediate 2 Step – [WATCH HERE](#)  
5 Patterns you need to know for Basic Two Step – [WATCH HERE](#)  
Intermediate Two-Step – [WATCH HERE](#)  
Country Two Step Dance Moves – [WATCH HERE](#)  
Improve Your Country Two Step Spins – [WATCH HERE](#)

## **Country Swing**

Basic Country Swing Moves – [WATCH HERE](#)  
Intermediate Country Swing Dance Moves – [WATCH HERE](#)  
Beginner Country Swing – [WATCH HERE](#)

## **Salsa**

Beginner Salsa – [WATCH HERE](#)

## **Questions Answered / Q&A's**

Q&A \ How WCS dancers become good, then great! – [WATCH HERE](#)  
*(Brian, Miss Emily and Ben talk about individual dance goals and more!)*

Your Questions Answered! – [WATCH HERE](#)  
*(We cover questions about rides in WCS, monkeybars, Covid-19, Waltz and more!)*

Your Questions Answered! – [WATCH HERE](#)  
*(Ben & Megan talk about teaching different types of students, pattern breakdowns, and more!)*

Q&A | West Coast Swing Q&A With Jonathan Baumeister – [WATCH HERE](#)  
*(Ben and Jonathan cover Covid questions, music, dancing, life and more)*

Your Questions Answered – [WATCH HERE](#)  
*(We answer questions about WCS name change, influences in WCS, Two Step weaves and more!)*

Q&A | Hangout with the WCSO Crew – [WATCH HERE](#)  
*(Brian B, Emily & Megan chat about body rolls, Jack & Jill competitions, the future of dancing and more!)*

Overcoming the Fear of Not Being Enough in WCS – [WATCH HERE](#)  
*(Brian B sits down and talks about the fear of not being enough in West Coast Swing)*

Your Questions Answered – [WATCH HERE](#)  
*(We cover balance drills, the future of private lessons, rock and go's, favorite Derby winners, and then some!)*

Interview with Dance Historian, Forrest Outman – [WATCH HERE](#)  
*(Be prepared to have your mind blown with WCS history and knowledge. Super fun!)*

Your Questions Answered – [WATCH HERE](#)  
*(We talk about dancing to different tempos in WCS, the dos and don'ts of 'playing' in WCS, body isolations and more!)*

Q & A with Maren Oslac – [WATCH HERE](#)  
*(Brian B & Maren discuss dance communities, books that have impacted them and more!)*

How Dance Communities will Survive the Coronavirus – [WATCH HERE](#)  
*(Brian B chats about the future of dance communities and the impact of Covid-19)*

Your Questions Answered – [WATCH HERE](#)  
*(We cover questions about anchors, tips for beginner dancers, Basket whips, leading with clarity and more!)*

Q & A with Brian B, Ms Megan & Ms Emily – [WATCH HERE](#)  
*(We answer outside roll pattern questions, WCS pattern trees, free videos at dance competitions and then some!)*

Q&A with Brian B – [WATCH HERE](#)  
*(Brian B talks about teaching through Covid, finding creativity in WCS, dancing with various levels of dancers and more!)*

Q & A with the WCSOL Crew – [WATCH HERE](#)  
*(The crew talks about practicing by yourself, connection drills, Pro Two Step challenges, dancing with partners of different heights, Two Step and WCS Jack & Jill's and more!)*

West Coast Swing Q & A - [WATCH HERE](#)  
*(We talk about differences between introverts and extroverts, dance posture, past live class mishaps, and more!)*

Q & A with Brian, Emily & Megan – [WATCH HERE](#)

*(We talk about the launch of Country Dance Online, leader insights for different hand holds, favorite dances we like to teach, favorite WCS music, and more!)*

Interview with DJ Louis St George [Watch the Replay](#)

*(Everything you need to know about social dance music and past adventures with these two friends)*

Q & A w/Brian, Megan & Emily – [Watch the Replay](#)

*(We discuss counting straight 8s and musicality for WCS and other styles, the age of WCS dancers and then some!)*

Q & A with the WCSOL Crew – [Watch the Replay](#)

*(Brian B and the gang discuss our dance backgrounds, passions, body isolations and styling, and general silliness of dance. Check it out!)*

Q & A with Brian B – [Watch the Replay](#)

*(Brian B talks to his mom on the phone while live on camera, about hotel contracts for events, line dance variations, the 3 T's - Timing, Technique and Teamwork, and more!)*

1hr Q & A with Brian B – [Watch the Replay](#)

*(Brian B answers questions about the beginning of Corona lockdown, WCS history and the future of the dance, video rules at events, and more!!)*

Q&A with Brian B – [Replay Pt 1](#) – [Replay Pt 2](#)

*(This was our first Q&A, check out where we started! Brian B and the gang answer random questions and general fun with Miss Megan and Miss Emily)*